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09 - 11 September 2016

**CAPE TOWN  
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Group or Category	Pos in-		Rider Details			Stages			Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total Time	Stgs	Team Riders
<b>Solo Women Long</b>	1	1	106	VWL	Michelle Lombardi	03.06.49	03.33.56	02.28.42	<b>09.09.27</b>	3	
	2	2	105	VWL	Anneke Viljoen	03.21.28	03.34.18	02.37.49	<b>09.33.35</b>	3	
	3	1	116	SXL	Helene Rabie	03.21.07	03.51.11	02.37.30	<b>09.49.48</b>	3	
	4	3	107	VWL	Caren Maytham-Mills	03.34.14	03.36.50	02.41.33	<b>09.52.37</b>	3	
	5	4	113	VWL	Aretha Eksteen	03.41.46	03.30.41	02.56.07	<b>10.08.34</b>	3	
	6	5	104	VWL	Kim De Villiers	03.45.24	04.06.22	03.02.48	<b>10.54.34</b>	3	
	7	2	117	SXL	Ilana Steenkamp	03.58.11	04.23.10	03.22.17	<b>11.43.38</b>	3	
	8	1	103	MWL	Helene Brown	04.16.21	04.47.35	03.25.57	<b>12.29.53</b>	3	
	9	3	110	SXL	Jade De Hutton	04.23.24	05.01.19	03.36.57	<b>13.01.40</b>	3	
	10	4	109	SXL	Kathy Crabbe	04.23.25	05.01.18	03.36.58	<b>13.01.41</b>	3	
	11	2	118	MWL	Deidre Tracey	05.09.13	06.03.22	04.19.09	<b>15.31.44</b>	3	
	12	6	115	VWL	Sindy Praetor	03.41.50	03.52.26		<b>07.34.16</b>	2	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Solo Men Long</b>	1	1	134	SML	Charl-Pierre Esterhuysen	02.35.58	02.49.10	01.56.55	<b>07.22.03</b>	3	
	2	1	195	SVL	Charles Mcfall	02.35.59	02.49.09	01.59.19	<b>07.24.27</b>	3	
	3	2	138	SVL	Sean Fraenkel	02.53.21	03.05.35	02.16.00	<b>08.14.56</b>	3	
	4	2	125	SML	Adam Bothma	02.52.41	03.12.42	02.23.40	<b>08.29.03</b>	3	
	5	1	165	MML	Tony Walker	03.01.45	03.18.06	02.24.45	<b>08.44.36</b>	3	
	6	3	173	SVL	Theuns Botha	03.03.27	03.22.28	02.26.06	<b>08.52.01</b>	3	
	7	1	219	VML	Robert Vogel	03.06.32	03.23.12	02.27.50	<b>08.57.34</b>	3	
	8	3	711	SML	Hugo Hall	02.55.28	03.26.33	02.42.30	<b>09.04.31</b>	3	
	9	2	218	MML	Piet Viljoen	03.13.15	03.27.00	02.27.51	<b>09.08.06</b>	3	
	10	2	223	VML	Moolman Welgemoed	02.48.50	03.09.21	03.14.20	<b>09.12.31</b>	3	
	11	3	204	VML	Arne Purves	03.19.15	03.23.13	02.33.48	<b>09.16.16</b>	3	
	12	3	170	MML	Leon Bell	03.13.17	03.30.03	02.34.13	<b>09.17.33</b>	3	
	13	4	126	VML	David Bucklow	03.21.25	03.39.14	02.34.11	<b>09.34.50</b>	3	
	14	4	206	MML	Tappies Smit	03.22.47	03.30.07	02.56.19	<b>09.49.13</b>	3	
	15	4	217	SML	Cj Van Staden	03.50.04	03.27.31	02.32.44	<b>09.50.19</b>	3	





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Solo Men Long	16	5	144	MML	Temlett Hockey	03.28.22	03.45.31	02.42.26	09.56.19	3	
	17	6	108	MML	Noel Ernstzen	03.35.15	03.47.39	02.34.14	09.57.08	3	
	18	4	154	SVL	Sven Ragaller	03.41.00	03.44.31	02.33.51	09.59.22	3	
	19	5	186	SVL	Nichol Jordaan	04.07.08	03.05.45	02.50.27	10.03.20	3	
	20	6	160	SVL	Lihan Van Der Merwe	03.35.23	03.49.07	02.41.08	10.05.38	3	
	21	7	199	SVL	Marcel Olivier	04.01.54	03.29.20	02.35.04	10.06.18	3	
	22	5	158	VML	Doug Turvey	03.29.43	03.52.44	02.49.21	10.11.48	3	
	23	7	166	MML	Rob Wild	03.24.14	04.14.48	02.33.49	10.12.51	3	
	24	6	187	VML	Neil Kelly	03.33.23	03.51.12	02.49.37	10.14.12	3	
	25	7	120	VML	Steven Goodill	03.33.22	03.52.43	02.49.20	10.15.25	3	
	26	8	197	MML	Max Menzies	03.41.02	04.00.47	02.33.54	10.15.43	3	
	27	8	183	VML	Greg Gallagher	03.49.02	03.49.10	02.42.48	10.21.00	3	
	28	8	175	SVL	Jaco Carstens	03.32.53	04.01.33	02.47.25	10.21.51	3	
	29	9	210	SVL	Hermanus De Jager	03.32.52	04.01.35	02.47.26	10.21.53	3	
	30	9	164	MML	Martin Vos	03.43.18	03.52.45	02.50.03	10.26.06	3	
	31	10	168	MML	Andy Wright	03.35.24	04.03.33	02.56.08	10.35.05	3	
	32	10	145	SVL	Thomas Johnson	03.41.27	04.03.42	02.57.00	10.42.09	3	
	33	11	123	SVL	Grant Bender	03.50.42	04.03.32	02.55.34	10.49.48	3	
	34	11	157	MML	Herman Steyn	04.30.38	03.57.39	02.40.10	11.08.27	3	
	35	12	203	MML	Cary Praetor	04.02.47	04.21.12	02.49.05	11.13.04	3	
	36	13	140	MML	Rudolph Geldenhuys	03.55.38	04.16.44	03.07.51	11.20.13	3	
	37	12	133	SVL	Michael Darne	04.07.14	04.20.44	02.59.07	11.27.05	3	
	38	9	179	VML	Hans De Ridder	03.55.36	04.25.48	03.09.53	11.31.17	3	
	39	14	150	MML	Simon Nicks	03.49.01	04.05.05	03.38.29	11.32.35	3	
	40	10	167	VML	Jonathan Williams	04.22.22	04.07.06	03.05.31	11.34.59	3	
	41	15	143	MML	Rob Hill	04.22.21	04.07.07	03.05.34	11.35.02	3	
	42	16	124	MML	Bob Bolus	04.30.42	03.57.38	03.08.35	11.36.55	3	
	43	1	119	GML	Cecil Baker	03.42.08	04.59.04	03.06.21	11.47.33	3	

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Solo Men Long	44	17	163	MML	Paul Van Zyl	03.42.09	04.59.05	03.06.22	<b>11.47.36</b>	3	
	45	13	215	SVL	Christian Vaatz	04.09.39	04.39.53	03.16.14	<b>12.05.46</b>	3	
	46	11	139	VML	Simon Frye	04.09.40	04.39.50	03.16.17	<b>12.05.47</b>	3	
	47	5	169	SML	Laurie Asher	04.15.06	04.34.30	03.20.43	<b>12.10.19</b>	3	
	48	18	127	MML	Ricky Carter-Johnson	04.47.38	04.25.34	03.08.33	<b>12.21.45</b>	3	
	49	19	136	MML	Kevin Dewar	04.47.37	04.25.35	03.09.10	<b>12.22.22</b>	3	
	50	12	146	VML	Chad Fichardt	04.44.42	04.28.47	03.27.52	<b>12.41.21</b>	3	
	51	14	189	SVL	Dave Le Roux	04.41.57	04.34.15	03.36.59	<b>12.53.11</b>	3	
	52	15	177	SVL	Xander Arlow	04.34.37	04.50.37	03.32.01	<b>12.57.15</b>	3	
	53	16	185	SVL	Timothy Hart	04.39.30	04.51.49	03.27.53	<b>12.59.12</b>	3	
	54	17	178	SVL	Darryl Davis	04.46.53	05.18.42	04.11.04	<b>14.16.39</b>	3	
	55	18	159	SVL	Michael Van Den Berg	04.47.00	05.18.41	04.11.06	<b>14.16.47</b>	3	
	56	19	155	SVL	Warren Reynolds	04.46.56	05.18.43	04.11.08	<b>14.16.47</b>	3	
	57	20	190	MML	Mark Le Roux	04.46.54	05.18.44	04.11.39	<b>14.17.17</b>	3	
	58	13	135	VML	Chris Derksen	04.58.05	05.12.33	04.30.03	<b>14.40.41</b>	3	
	59	20	153	SVL	Pier Passerini	04.58.08	05.12.35	04.30.05	<b>14.40.48</b>	3	
	60	21	200	MML	Mike Pelteret	05.11.29	05.46.38	03.51.55	<b>14.50.02</b>	3	
	61	22	207	MML	Ed Sturrock	05.15.05	05.46.38	03.51.56	<b>14.53.39</b>	3	
	62	14	129	VML	Michael Collins	05.01.07	06.04.05	04.11.40	<b>15.16.52</b>	3	
	63	2	194	GML	Nic Louw	05.15.06	05.56.39	04.08.30	<b>15.20.15</b>	3	
	64	3	156	GML	Trevor Sewell	05.39.29	05.46.39	04.19.10	<b>15.45.18</b>	3	
65	15	149	VML	Pierre-Henri Olivier	03.16.44	03.42.34		<b>06.59.18</b>	2		
66	23	137	MML	Nick Erasmus	03.32.33	03.35.07		<b>07.07.40</b>	2		
67	21	209	SVL	Tiaan Pretorius	03.24.19	04.01.32		<b>07.25.51</b>	2		
68	16	174	VML	Simon Camerer	04.03.24	04.11.49		<b>08.15.13</b>	2		
69	17	216	VML	Rob Kucera	03.55.35	04.25.47		<b>08.21.22</b>	2		
70	24	184	MML	Andrew Golding	04.30.39	03.57.35		<b>08.28.14</b>	2		
71	22	148	SVL	Mark Kensley	04.46.58	04.50.36		<b>09.37.34</b>	2		



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Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Men Teams Long</b>	1	1	T19	MTL	Felco	02.48.46	03.05.46	02.15.04	<b>08.09.36</b>	3	191 Ruohan Cronje - 192 Gideon Van Der Berg
	2	2	T41	MTL	Wynmakers	02.50.08	03.11.11	02.16.52	<b>08.18.11</b>	3	411 Heinrich Coetzee - 412 Hermias Vollgraaf
	3	3	T16	MTL	Cadence Tygervalley	03.01.38	03.09.36	02.18.32	<b>08.29.46</b>	3	161 Johan Coetzee - 162 Jacques-Pierre Maritz
	4	4	T34	MTL	Salire Racing Men	03.04.31	03.34.25	02.30.14	<b>09.09.10</b>	3	341 Rob Cragg - 342 Du Toit Marais
	5	5	T15	MTL	Cadence Nutrition	03.19.13	03.22.02	02.34.33	<b>09.15.48</b>	3	151 Jens Brodbeck - 152 Jeroen Swart
	6	6	T21	MTL	Gingabus	03.21.21	03.41.46	02.48.30	<b>09.51.37</b>	3	211 Ryan Martin - 212 Carrick Pittman
	7	7	T23	MTL	Human League	03.32.04	03.35.17	02.55.24	<b>10.02.45</b>	3	231 Johan Human - 232 Andre Human
	8	8	T37	MTL	Tenacious Trundlers	03.37.02	03.54.48	02.49.48	<b>10.21.38</b>	3	371 Paul Burger - 372 Matthew Heyns
	9	9	T36	MTL	Wesgro	03.53.26	04.15.08	02.56.36	<b>11.05.10</b>	3	361 Sean Hanekom - 362 Richard Lain
	10	10	T35	MTL	Numbnuts	04.14.06	04.09.28	02.56.07	<b>11.19.41</b>	3	351 Frederick De Villiers - 352 Jamie Jones
	11	11	T24	MTL	Kimberly Rose Cancer Foundation	04.15.03	04.34.26	03.06.42	<b>11.56.11</b>	3	241 Ricky Asher - 242 Sheldon Rebello
	12	12	T20	MTL	Geared Up	04.03.53	04.50.22	03.10.10	<b>12.04.25</b>	3	201 Sf Du Toit - 202 Andre Rademeyer
	13	13	T39	MTL	V8Stealthbeetle	04.14.46	04.28.16	03.24.45	<b>12.07.47</b>	3	391 Doug Foulkes - 392 Charles Linnegar
	14	14	T18	MTL	Father & Son	04.06.33	04.55.46	03.35.05	<b>12.37.24</b>	3	181 Altus Muller - 182 Albert Muller
	15	15	T32	MTL	Rednecks	04.31.53	04.48.25	03.20.03	<b>12.40.21</b>	3	321 David Cotton - 322 Gerjo Hoffman
	16	16	T25	MTL	Likkewane	04.41.26	05.11.16	03.38.56	<b>13.31.38</b>	3	251 Sarel Conradie - 252 Mike Visser
	17	17	T29	MTL	Nowlan Civils	04.47.02	05.15.48	03.44.15	<b>13.47.05</b>	3	291 Nowlan Jones - 292 Jaco Theron
	18	18	T31	MTL	Paul René Bubbles	04.58.06	05.12.31	04.30.01	<b>14.40.38</b>	3	311 Gys Du Toit - 312 Henk Van Niekerk
	19	19	T52	MTL	N X T	05.11.28	05.39.06	04.06.20	<b>14.56.54</b>	3	521 Wayne Kruger - 522 David Oosthuizen
	20	20	T27	MTL	Minds Over Mountains	05.18.50	06.34.04	03.25.46	<b>15.18.40</b>	3	271 Markus Carmohn - 272 Gareth John
	21	21	T22	MTL	Hanepoot	03.45.33	04.06.43		<b>07.52.16</b>	2	221 Pieter Botha - 222 Jacques Hugo
	22	22	T38	MTL	The Big L'S	04.05.24	04.23.03		<b>08.28.27</b>	2	381 Allan Hodson - 382 Alton Hodson
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Wom Teams Long</b>	1	1	T11	WTL	Companero	03.24.18	03.34.59	02.50.25	<b>09.49.42</b>	3	111 Jana Kruger - 112 Ilse Viljoen
	2	2	T14	WTL	Victorious Secrets	04.34.39	04.50.35	03.31.59	<b>12.57.13</b>	3	141 Anneli Wiese - 142 Jo-Marie Wolfaardt
	3	3	T10	WTL	Blondes On A Bender	04.32.08	04.53.27	03.34.50	<b>13.00.25</b>	3	101 Melissa Groenink - 102 Jill Sindle



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Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Mixed Teams Long</b>	1	1	T45	XTL	Glen Erskine Wines	03.36.38	03.43.06	02.36.21	<b>09.56.05</b>	3	451 John Dalton - 452 Hanri Dalton
	2	2	T48	XTL	Salire Karma	03.14.15	04.05.25	02.56.04	<b>10.15.44</b>	3	481 Mark Mahoney - 482 Karin Van Niekerk
	3	3	T50	XTL	Jeanpants	04.00.28	04.05.04	03.01.14	<b>11.06.46</b>	3	501 Jean Austin - 502 Angie Gaffney
	4	4	T46	XTL	Oxygendebt	03.50.47	04.11.22	03.09.50	<b>11.11.59</b>	3	461 Gawie Grobbelaar - 462 Halcyone Muller
	5	5	T49	XTL	Sanlam Investments	04.12.22	04.29.38	03.27.50	<b>12.09.50</b>	3	491 William Marais - 492 Belinda Marais
	6	6	T44	XTL	Helian	05.53.07	05.14.43	04.01.32	<b>15.09.22</b>	3	441 Ian Coetsee - 442 Helen Coetsee
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Solo Women Short</b>	1	1	604	VWS	Sandy Mattison	02.07.34	02.27.54	02.01.16	<b>06.36.44</b>	3	
	2	1	653	SXS	Nicola Walker	02.11.52	02.27.50	02.01.15	<b>06.40.57</b>	3	
	3	2	603	VWS	Cheryl Bucklow	02.25.37	02.47.00	02.17.13	<b>07.29.50</b>	3	
	4	3	607	VWS	Melanie Vogel	02.32.53	02.56.54	02.17.21	<b>07.47.08</b>	3	
	5	4	613	VWS	Doreen Waterson	02.36.29	03.05.56	02.28.37	<b>08.11.02</b>	3	
	6	1	609	MWS	Christelle Le Roux	02.37.23	03.12.07	02.26.37	<b>08.16.07</b>	3	
	7	2	608	SXS	Simone White	02.47.41	03.06.14	02.45.23	<b>08.39.18</b>	3	
	8	3	605	SXS	Naomi Potgieter	03.01.38	03.26.59	02.33.52	<b>09.02.29</b>	3	
	9	5	606	VWS	Christine Vivier	03.09.31	03.24.22	02.33.20	<b>09.07.13</b>	3	
	10	6	610	VWS	Reanda Vos	03.05.41	03.26.43	02.59.39	<b>09.32.03</b>	3	
	11	2	658	MWS	Charmaine Nicks	03.34.03	04.14.01	03.26.31	<b>11.14.35</b>	3	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Solo Men Short</b>	1	1	634	SMS	Isak Steyn	01.55.47	02.10.44	01.45.52	<b>05.52.23</b>	3	
	2	2	614	SMS	Kyle Bucklow	01.55.55	02.27.56	01.46.49	<b>06.10.40</b>	3	
	3	1	659	GMS	Steve Van Der Berg	02.01.07	02.20.48	01.49.41	<b>06.11.36</b>	3	
	4	3	627	SMS	Trystan Norman	02.03.59	02.20.47	01.49.40	<b>06.14.26</b>	3	
	5	1	638	SVS	Marius Bronkhorst	02.07.07	02.27.52	01.55.48	<b>06.30.47</b>	3	
	6	1	624	VMS	Kevin Mattison	02.08.20	02.29.28	02.01.12	<b>06.39.00</b>	3	
	7	4	128	SMS	Shane Cheminais	02.07.29	02.29.01	02.03.35	<b>06.40.05</b>	3	
	8	5	662	SMS	Fernell Regue	02.24.49	02.44.54	02.04.50	<b>07.14.33</b>	3	



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Solo Men Short	9	6	651	SMS	Ashwin Jansen	02.24.51	02.44.55	02.05.25	07.15.11	3	
	10	1	623	MMS	Mark Leach Lews	02.19.46	02.46.43	02.09.24	07.15.53	3	
	11	2	656	MMS	Tarry Waterson	02.33.17	02.53.56	02.19.48	07.47.01	3	
	12	7	672	SMS	Endorich Lehand	02.33.37	02.49.38	02.23.53	07.47.08	3	
	13	2	628	SVS	Michael Otto	02.36.34	02.57.44	02.19.08	07.53.26	3	
	14	8	652	SMS	Roderick Prince	03.01.26	02.54.18	02.09.08	08.04.52	3	
	15	3	635	MMS	Stephan Viljoen	02.38.47	03.05.55	02.20.20	08.05.02	3	
	16	4	655	MMS	Greg Bellairs	02.46.07	02.53.54	02.26.57	08.06.58	3	
	17	5	667	MMS	Bryn Davies	02.46.12	02.57.14	02.30.34	08.14.00	3	
	18	6	637	MMS	Allan Williamson	02.38.29	03.07.47	02.28.15	08.14.31	3	
	19	2	630	VMS	Blair Quirk	02.41.34	03.11.12	02.33.54	08.26.40	3	
	20	2	666	GMS	Bob De Decker	02.49.55	03.14.36	02.30.40	08.35.11	3	
	21	3	617	SVS	Louis Du Pisani	02.47.40	03.20.30	02.45.22	08.53.32	3	
	22	3	620	GMS	Derek Kreuger	03.01.30	03.19.56	02.35.28	08.56.54	3	
	23	7	619	MMS	Greg James	02.56.58	03.21.17	02.39.27	08.57.42	3	
	24	8	647	MMS	Felix Garzouzie	02.56.59	03.21.18	02.39.28	08.57.45	3	
	25	9	626	MMS	Andrew Norman	02.53.04	03.30.17	02.42.20	09.05.41	3	
	26	3	625	VMS	Bryan Mitchell	02.56.00	03.23.26	02.46.22	09.05.48	3	
	27	10	618	MMS	Adrian Good	02.56.01	03.23.27	02.46.23	09.05.51	3	
	28	9	671	SMS	Keenan Kraukamp	03.11.00	03.23.36	02.43.50	09.18.26	3	
	29	4	636	VMS	Koos Vivier	03.11.59	03.37.51	02.38.55	09.28.45	3	
	30	11	648	MMS	Manfred Sullwald	04.01.08	03.20.05	02.47.24	10.08.37	3	
	31	12	660	MMS	Werner Sullwald	04.01.10	03.20.03	02.47.25	10.08.38	3	
	32	5	664	VMS	Etienne Sullwald	04.01.16	03.20.01	02.47.22	10.08.39	3	
	33	13	665	MMS	Dieter Sullwald	04.01.12	03.20.02	02.47.27	10.08.41	3	
	34	14	615	MMS	Marc Cohen	03.23.28	03.56.35	03.06.19	10.26.22	3	
	35	4	646	GMS	Pieter Du Plessis	03.49.05	04.26.13	03.17.34	11.32.52	3	
	36	6	643	VMS	Stuart Birch	03.19.22	03.31.05		06.50.27	2	





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Group or Category	Pos in-		Rider Details			Stages			Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total Time	Stgs	Team Riders
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>Men Teams Short</b>	1	1	T68	MTS	Why?	02.19.43	02.46.42	02.09.23	<b>07.15.48</b>	3	681 Graham Meyer - 682 Chris Wilkins
	2	2	T42	MTS	Pick'N'Pay	02.47.56	02.49.41	02.11.19	<b>07.48.56</b>	3	421 Arné Venter - 422 Franco Swanepoel
	3	3	T62	MTS	Capricorn	02.51.36	03.03.16	02.23.00	<b>08.17.52</b>	3	621 Jonathan De Freitas - 622 Dillon Jearey
	4	4	T64	MTS	Double Barrel	03.25.18	03.55.24	03.09.05	<b>10.29.47</b>	3	641 Leslie Rose-Innes - 642 Alasdair Sholto Douglas
<b>Category</b>	<b>All</b>	<b>Cat</b>	<b>No</b>	<b>Cat</b>	<b>Name</b>	<b>Stg 1</b>	<b>Stg 2</b>	<b>Stg 3</b>	<b>Total</b>	<b>Stgs</b>	<b>Remarks</b>
<b>Wom Teams Short</b>	1	1	T13	WTS	Platypus	02.47.06	03.11.12	02.25.03	<b>08.23.21</b>	3	131 Shawne Goetsch - 132 Sue Sticker
	2	2	T60	WTS	Go Go Girls	02.49.54	03.13.10	02.30.32	<b>08.33.36</b>	3	601 Jenny Janisch - 602 Sandra Van Deventer
<b>Category</b>	<b>All</b>	<b>Cat</b>	<b>No</b>	<b>Cat</b>	<b>Name</b>	<b>Stg 1</b>	<b>Stg 2</b>	<b>Stg 3</b>	<b>Total</b>	<b>Stgs</b>	<b>Remarks</b>
<b>Mixed Teams Short</b>	1	1	T73	XTS	Seajay	02.22.47	02.50.54	02.12.26	<b>07.26.07</b>	3	731 Jeanine Amsel - 732 Clive Amsel
	2	2	T69	XTS	Blackshaw	02.47.15	03.05.49	02.28.51	<b>08.21.55</b>	3	691 Chris Blackshaw - 692 Jennifer Blackshaw
	3	3	T70	XTS	Hd&Wine	03.13.24	03.23.59	02.40.12	<b>09.17.35</b>	3	701 Henriette Goosen - 702 Deon Vrey
	4	4	T77	XTS	The Vino'S	02.52.52	03.45.09	02.48.50	<b>09.26.51</b>	3	771 Lizemari Geldenhuys - 772 Christiaan Van Zyl
	5	5	T76	XTS	Skyler	04.04.31	04.58.34	04.23.56	<b>13.27.01</b>	3	761 Danie Schoonraad - 762 Geraldine Schoonraad
	6	6	T78	XTS	Wotwots	02.44.51		02.30.07	<b>05.14.58</b>	2	781 Sharon Fish - 782 Tai Lucas
	7	7	T74	XTS	Sempurna	02.54.23		02.39.05	<b>05.33.28</b>	2	741 Cecilia Stanford - 742 Kevin Stanford
	8	8	T79	XTS	Pedal Power		04.14.47	03.14.55	<b>07.29.42</b>	2	791 Sean Little - 792 Evita Veloudos
	9	9	T72	XTS	Nowlan Civils Juniors	04.25.10	05.45.19		<b>10.10.29</b>	2	721 Dirk Heydenrych - 722 Bianca Jones
<b>Category</b>	<b>All</b>	<b>Cat</b>	<b>No</b>	<b>Cat</b>	<b>Name</b>	<b>Stg 1</b>	<b>Stg 2</b>	<b>Stg 3</b>	<b>Total</b>	<b>Stgs</b>	<b>Remarks</b>
<b>TR: All Men 12km</b>	1	1	816	TSM	Shaun Tobias		00.46.12		<b>00.46.12</b>	2	
	2	1	799	TSV	Jumat Witbooi		00.47.18		<b>00.47.18</b>	2	
	3	1	736	TMM	Roux De Lange		01.00.09		<b>01.00.09</b>	2	
	4	1	703	TVM	E S Gilbert		01.00.49		<b>01.00.49</b>	2	
	5	2	806	TVM	Freek Fortuin		01.01.38		<b>01.01.38</b>	2	
	6	2	737	TSV	Jean-Prieur Du Plessis		01.01.59		<b>01.01.59</b>	2	
	7	3	814	TVM	Philip Playdon		01.03.07		<b>01.03.07</b>	2	
	8	2	707	TMM	Robert Macdonald		01.04.28		<b>01.04.28</b>	2	
	9	2	735	TSM	Dieter Kotze		01.04.47		<b>01.04.47</b>	2	

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	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total Time	Stgs	Team Riders
<b>TR: All Men 12km</b>	10	3	807	TSM	Elfranco Fortuin		01.08.16		01.08.16	2	
	11	4	856	TSM	Brian Burgers		01.09.09		01.09.09	2	
	12	4	769	TVM	Kenneth White		01.10.53		01.10.53	2	
	13	5	818	TSM	Nick Knuppe		01.16.08		01.16.08	2	
	14	3	804	TMM	Gert Coetzee		01.18.00		01.18.00	2	
	15	6	730	TSM	Le Riche Du Plessis		01.23.33		01.23.33	2	
	16	3	718	TSV	Renier Terblanche		01.28.11		01.28.11	2	
	17	4	850	TSV	Justin Asher		01.41.06		01.41.06	2	
	18	7	817	TSM	Ruan Nel		01.41.08		01.41.08	2	
	19	4	800	TMM	Alexander Munro		01.45.01		01.45.01	2	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>TR: All Women 12km</b>	1	1	706	TVW	Helen Macdonald		00.58.13		00.58.13	2	
	2	1	716	TSW	Zelda Van Der Berg		01.04.49		01.04.49	2	
	3	2	759	TSW	Amanda Van Zyl		01.09.18		01.09.18	2	
	4	2	705	TVW	Mandy La Grange		01.11.32		01.11.32	2	
	5	1	770	TMW	Hetsie Van Zyl		01.16.07		01.16.07	2	
	6	2	715	TMW	Deborah Buckley		01.16.09		01.16.09	2	
	7	3	803	TVW	Lecinda Coetzee		01.18.01		01.18.01	2	
	8	1	720	TSX	Emily Herschell		01.19.36		01.19.36	2	
	9	4	746	TVW	Karen Fouche		01.20.48		01.20.48	2	
	10	3	749	TSW	Melanie Lambrechts		01.20.53		01.20.53	2	
	11	4	838	TSW	Madri Willemse		01.23.39		01.23.39	2	
	12	2	758	TSX	Vera Van Der Merwe		01.24.42		01.24.42	2	
	13	3	757	TSX	Madeleine Van Zyl		01.25.13		01.25.13	2	
	14	4	734	TSX	Elmarie Kotze		01.25.14		01.25.14	2	
	15	5	778	TSW	Karen Engelbrecht		01.33.06		01.33.06	2	
	16	6	760	TSW	Talinta-Lee Van		02.06.28		02.06.28	2	
	17	3	763	TMW	Ona Feuth		02.06.30		02.06.30	2	





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	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total Time	Stgs	Team Riders
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>TR: All Men 6km</b>	1	1	820	TM	Ebrain Zozi		00.29.04		00.29.04	2	
	2	2	723	TM	Ken King		00.32.34		00.32.34	2	
	3	3	729	TM	Ian Summers		00.40.48		00.40.48	2	
	4	4	743	TM	Jacobus Sieberhagen		00.42.03		00.42.03	2	
	5	5	773	TM	Jacques Oosthuizen		00.50.13		00.50.13	2	
	6	6	733	TM	Hein Pieter Kriel		00.51.04		00.51.04	2	
	7	7	815	TM	Siegfried Sullwald		02.29.07		02.29.07	2	
<b>TR: All Women 6km</b>	1	1	748	TW	Jana Van Eeden		00.32.54		00.32.54	2	
	2	2	747	TW	Kyla Jordaan		00.34.11		00.34.11	2	
	3	3	855	TW	Kim Bellairs		00.36.25		00.36.25	2	
	4	4	774	TW	Cate Doms		00.40.34		00.40.34	2	
	5	5	823	TW	Elizabeth Van Straaten		00.40.40		00.40.40	2	
	6	6	775	TW	Petra Roux		00.40.45		00.40.45	2	
	7	7	805	TW	Wilmien Uys		00.40.46		00.40.46	2	
	8	8	796	TW	Suzaan Jordaan		00.42.28		00.42.28	2	
	9	9	779	TW	Debbie De Wet		00.42.48		00.42.48	2	
	10	10	857	TW	Lizelle Van Der Westhuizen		00.42.49		00.42.49	2	
	11	11	843	TW	Melanie Willemse		00.44.24		00.44.24	2	
	12	12	777	TW	Dise De Wet		00.46.05		00.46.05	2	
	13	13	809	TW	Hanschen Viljoen		00.47.13		00.47.13	2	
	14	14	750	TW	Yvonne Robson		00.47.27		00.47.27	2	
	15	15	768	TW	Maria Davis		00.47.34		00.47.34	2	
	16	16	849	TW	Hazel Pushman		00.48.59		00.48.59	2	
	17	17	717	TW	Tinkie Van Rensburg		00.49.20		00.49.20	2	
	18	18	719	TW	Anna-Marie Geldenhuys		00.49.21		00.49.21	2	
	19	19	724	TW	Danika Du Toit		00.49.36		00.49.36	2	

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	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total Time	Stgs	Team Riders
<b>TR: All Women 6km</b>	20	20	754	TW	Elizabeth Rademeyer		00.50.08		<b>00.50.08</b>	2	
	21	21	725	TW	Mariaan Kukuk		00.50.53		<b>00.50.53</b>	2	
	22	22	776	TW	Zibusiso Mbhele		00.50.54		<b>00.50.54</b>	2	
	23	23	833	TW	Caryl Garzouzie		00.51.01		<b>00.51.01</b>	2	
	24	24	839	TW	Liezl Louw		00.51.02		<b>00.51.02</b>	2	
	25	25	853	TW	Jade Van Biljon		00.56.25		<b>00.56.25</b>	2	
	26	26	854	TW	Barbara Lambrechts		01.02.07		<b>01.02.07</b>	2	
	27	27	840	TW	Lorna Benade		01.03.17		<b>01.03.17</b>	2	
	28	28	753	TW	Elzette Van Zyl		01.03.33		<b>01.03.33</b>	2	
	29	29	740	TW	Lizel Sieberhagen		01.03.33		<b>01.03.33</b>	2	
	30	30	764	TW	Hilde Paulsen		01.03.34		<b>01.03.34</b>	2	
	31	31	864	TW	Celia Dewar		01.12.47		<b>01.12.47</b>	2	
	32	32	865	TW	Janine Steyn		01.12.48		<b>01.12.48</b>	2	
	33	33	713	TW	Elmarie Sullwald		02.29.04		<b>02.29.04</b>	2	
	34	34	708	TW	Onika Sullwald		02.29.09		<b>02.29.09</b>	2	
	35	35	709	TW	Ilze Sullwald		02.29.11		<b>02.29.11</b>	2	
36	36	710	TW	Ursula Sullwald		02.29.17		<b>02.29.17</b>	2		
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>TR: All Men 3km</b>	1	1	783	TMS	Dihaygo Fielies		00.14.55		<b>00.14.55</b>	2	
	2	2	819	TMS	Pieter Davids		00.15.18		<b>00.15.18</b>	2	
	3	3	790	TMS	Jaywin Fielies		00.15.40		<b>00.15.40</b>	2	
	4	4	847	TMS	Karl Amsel		00.17.40		<b>00.17.40</b>	2	
	5	5	837	TMS	Ethan Mattison		00.19.20		<b>00.19.20</b>	2	
	6	6	828	TMS	James Browly		00.24.49		<b>00.24.49</b>	2	
	7	7	848	TMS	Jacques Amsel		00.25.03		<b>00.25.03</b>	2	
	8	8	808	TMS	Sila Viljoen		00.29.26		<b>00.29.26</b>	2	
	9	9	766	TMS	Joshua Reynolds		00.33.20		<b>00.33.20</b>	2	
	10	10	835	TMS	Vaughan Van Der Berg		00.33.25		<b>00.33.25</b>	2	

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<b>TR: All Men 3km</b>	11	11	845	TMS	Vincent White		01.23.42		<b>01.23.42</b>	2	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Stg 3	Total	Stgs	Remarks
<b>TR: All Women 3km</b>	1	1	798	TWS	Jamie-Lee De Koker		00.14.53		<b>00.14.53</b>	2	
	2	2	793	TWS	Faiza Snyman		00.15.03		<b>00.15.03</b>	2	
	3	3	830	TWS	Elzaan Van Der Colff		00.22.17		<b>00.22.17</b>	2	
	4	4	827	TWS	Ilané Van Der Colff		00.24.48		<b>00.24.48</b>	2	
	5	5	826	TWS	Ilana Van Der Colff		00.24.51		<b>00.24.51</b>	2	
	6	6	825	TWS	Shellie Browning		00.24.54		<b>00.24.54</b>	2	
	7	7	836	TWS	Alex Mattison		00.25.02		<b>00.25.02</b>	2	
	8	8	795	TWS	Jamie-Lee Jansen		00.28.43		<b>00.28.43</b>	2	
	9	9	794	TWS	Pathlin Stanfiet		00.28.44		<b>00.28.44</b>	2	
	10	10	834	TWS	Tinkie James		00.29.39		<b>00.29.39</b>	2	
	11	11	765	TWS	Tanya Reynolds		00.33.18		<b>00.33.18</b>	2	
	12	12	767	TWS	Morgan Davis		00.33.30		<b>00.33.30</b>	2	
	13	13	824	TWS	Colleen Le Roux		00.33.32		<b>00.33.32</b>	2	
	14	14	810	TWS	Lorrein Van Dijk		00.39.04		<b>00.39.04</b>	2	
	15	15	846	TWS	Ilse Tack		01.23.37		<b>01.23.37</b>	2	
	16	16	844	TWS	Ruby White		01.23.38		<b>01.23.38</b>	2	
	17	17	860	TWS	Olivia Hunter-Paulson		01.23.45		<b>01.23.45</b>	2	
	18	18	863	TWS	Vicky Hunter		01.23.47		<b>01.23.47</b>	2	